

## Online or telephone contact options for people with HIV, in times of COVID-19

All meetings and activities of the Hiv Vereniging (the Dutch Association of People with HIV) are suspended until 1 June, in compliance with the measures taken to tackle COVID-19. For interpersonal communication and support there are still a number of online and telephone options.

### The national office:

- [The Service Point \(Servicepunt\)](#): You can still phone the Service Desk on Mondays, Tuesdays and Thursdays: 020-689 25 77 or e-mail: [servicepunt@hivvereniging.nl](mailto:servicepunt@hivvereniging.nl). Our volunteers will all be working from home and will try to help you to the best of their ability.
- The Hiv Vereniging's social media: The Hiv Vereniging is active on [Facebook](#), [Twitter](#) and [LinkedIn](#). You can contact us via these communication channels with a public post or a private message.
- [Our website](#) provides up-to-date information (mostly in Dutch) about living with HIV and specific information about [COVID-19](#). Is there something you can't find? Let us know.
- Peer counselling: Our peer counsellors remain on standby, so contact them if you need one-to-one talks with someone with HIV. This will be online or over the phone support by means of phone calls, WhatsApp, Skype or other means of contact. [More info here](#)

### Regional communities and groups:

- Long Term Survivors: The group for people who have been living with HIV long term. The LTS-group has a [public Facebook page](#) and a members only group. Contact the coordinator at [lts@hivvereniging.nl](mailto:lts@hivvereniging.nl) for access to the members only group.
- Jong Positief: the group for 18-30 year olds with HIV. Jong Positief has a WhatsApp group. E-mail [t\\_derckx@hivvereniging.nl](mailto:t_derckx@hivvereniging.nl) to join the group.
- Posidivas: for women with HIV. There is a huge interpersonal exchange on the Facebook group Ladies Loving Life. The group is only accessible to women with HIV. Would you like join? Contact them at [posidivas@hivvereniging.nl](mailto:posidivas@hivvereniging.nl).
- Poz&Proud: for gay men with HIV. [The public Facebook page](#) for gay men with HIV. Be aware: this group is public, everyone can see what you post and that you are a member of the group.
- Regio Limburg: for people in the Limburg region with HIV. Regio Limburg has a [public Facebook page](#) and a members only Facebook group. Would you like to join this group? Contact the coordinator at [hvn-limburg@hivvereniging.nl](mailto:hvn-limburg@hivvereniging.nl).
- Regio Brabant: for people in the Brabant region with HIV. Regio Brabant has a [public Facebook page](#) and a members only Facebook group. Would you like to join this group? Contact the coordinator at [hvn-brabant@hivvereniging.nl](mailto:hvn-brabant@hivvereniging.nl).

### Other options:

- [Stichting Mara](#): for people in Rotterdam with HIV. Are you a Rotterdam resident looking for online or telephone support? Please contact Stichting Mara via 06-41535322 or [karlijn@maraprojecten.nl](mailto:karlijn@maraprojecten.nl).
- [Stichting Shiva](#): for people with HIV, the focus being on spirituality and religion. You are welcome to just call and talk about HIV, Corona and life in general in these strange times. You can contact Inge at the office on Tuesdays, Wednesdays and Thursdays via 020-6160460 or [shiva@xs4all.nl](mailto:shiva@xs4all.nl). Edmund is available on the other days: 06-39013397 and [shiva-owusu@xs4all.nl](mailto:shiva-owusu@xs4all.nl).
- Online Facebook groups:
  - [An international Facebook group for people with HIV](#)
  - [An international Facebook group for people with HIV, specifically for U=U](#)